



# **BEST MAT FEET MASSAGER**

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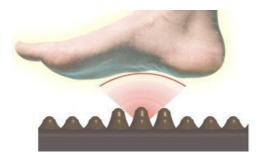
It is known that 80% of older people complain of problems in the legs, which happens due to the lack of necessary care for them. When a person has problems with their legs or feet, it is difficult for them to walk, and in the long run it causes spinal diseases and can affect pelvis. Since the soles of the feet are connected to the internal organs, they look like an "information board" of the body. It is knows that when the soles of the feet are being treated with a massage, various organs in person's body are being affected . Biological points on the feet are very close to each other so when they are treated, there is an energy exchange, resulting in the activated work of the internal organs, and various diseases are treated or prevented that way. Massaging and pressing on the different spots in the feet called "point foot massage" which improves circulation, activates the autonomic nervous system, restores hormonal balance and improves metabolism, eases pain.

The energy is concentrated at separate points of the person's foot. A person experiences an increase in energy when stepping on 426 pieces of tournaline cones of the massager.

Vital energy, concentrated on the upper parts of cones of the massager, has a higher energy density. The "second heart" device is designed in such a way that negatively charged ions and infrared transmission are concentrated on the tops of cones that touch the surface of the legs, which causes a therapeutic effect.

#### **Curvature of the legs/arch**

11 ball foldable original jade projector



In the middle part of the foot there is an area that does not touch the floor when the person is walking, it's called an arch. It supports tendons and joints and ensures the elasticity of the feet. If the shape of the arch changes or "relaxes" or when your walking pattern is not correct, the pelvis and spine are receive an additional load, which, in turn, causes pain in different parts of the body.

### Cold and hot effect

The application of cold and hot point massage by alteration of transitioning from a warm mat to a cold one acts on capillaries, which leads to an increased oxygen flow to the internal organs, increases muscle elasticity and metabolism of the whole body.

Such massage process contributes to the rapid removal of toxic products from the body, resulting in the cleansing of blood and lymph. In this way, various diseases are prevented.

### What is a tourmaline?

Tourmaline is a stone that is obtained during powder processing of mineral tourmaline,

germanium and other volcanic minerals. The resulting powder mixture and thin structure are processed in certain forms at a temperature of at least 1300 celcius.

Thus, the necessary elements of tourmaline are obtained. They are smooth and shiny without any covering on them and are called "Stones of Life".

# What are the benefits of reflexology?

1. It decreases stress in your life.

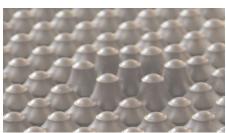
2. It helps to clear any channels of blocked energy in the body by moving the flow of blood, nutrients and nerve impulses.

- 3. It balances energy.
- 4. It boosts person's immune system.
- 5. It activates autonomic nervous system which promotes healing of the body.
- 6. It adjusts sugar levels in person's body by increasing blood flow to the feet.

# Instructions on the USE OF THE "SECOND HEART"

- 1. Plug in the device.
- 2. Press on the power button on the front of the device.
- 3. You can set the desired temperature by clicking on buttons of + and and setting the timer to 12, 24 or 36 minutes.
- 4. Stand on the massager with Both feet on the left heated side of it, switch to the cold side of the massager after two minutes and after you hear the beep sound.
- 5. After 12,24 or 36 minutes of using the massager, the device automatically turns off. You will need to turn the massager on again if you would like to use it more.

### Additional comments:



1. It is recommended that the product should be used twice a day.

2. It is recommended to use it after 30 minutes after eating.

3. It should be disconnected from the outlet after use.

4. It takes about 10 minutes to reach the desired temperature. Heating times can vary depending on the temperature in the room.

#### **EXAMPLES OF SECOND HEART USE**

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## **Caution:**

1. Use the product on a flat surface.

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- 1. Disconnect the cord from the socket if you are not using the product for a long time.
- 1. Do not bend the cord or place heavy objects on it.
- 1. Do not use flammable materials such as candles, cigarettes, etc. near the product.
- 1. Please do not allow contact of the device with a needle or other metal objects.
- 1. Do not allow children to use the device without parental supervision.
- 1. Don't try to disassemble, repair or change the product.
- 1. Do not use the product for any other purpose.
- 1. Follow the set time of the procedure
- 1. If you notice a device malfunction, stop using it and contact the service center or professional.
- 1. Use a soft dry piece of material to clean it. Do not use any chemicals to clean the product.